



St Francis Catholic Primary School
Highcliffe Road, Morley, Leeds, LS27 9LX

Telephone: -0113 3230554

Website: - www.stfrancismorley.org.uk

Headteacher: - Mrs R Harrison B'Ed, NPQH

RSE (Relationship and Sex Education)

Dear Parent

As part of our planned PSHCE programme we teach our RSE unit of work. Some aspects of this can sometimes be sensitive. We have already shared the resources with Governors, but I thought you may welcome an outline of what will be covered in each year group. If you have any concerns or would like to see the programme, please ask your child's class teacher. Both resources we use in school are resources designed to support teachers and parents in Catholic schools. ('All that I am' for years 5 and 6, and 'A Journey in Love' for Reception to Year 6.)

Nursery:

Children begin to know and understand that they are part of the wonder of God:

- God's love and creation
- Children focus on their hands e.g. size, colour and length of finger nails
- Children focus on each other's eyes and note colour and shape
- Children focus on their faces and whole-body shapes, sizes, features

Reception:

- Children grow in understanding that God has made them unique and special
- Children focus on their hands, eyes, faces and body and note colour, shape, size etc. discussing how they are similar and different from each other.
- My special name - parent's names
- They grew in their mummy's womb for 9 months before they were born
- Who do they play with at school / home - what do you play
- Friends - emotions about friends
- Jesus - a special friend
- Mary as Jesus' mother - he grew in her womb before he was born.



Year 1:

- Who is in my family
- When I was a baby - what can babies do / not do - my first steps etc.
- How do we help at home
- Happy / sad moments in my family - how we show love
- Why do we need to grow up in a family
- Other families we may belong to - Baptism
- Being members of God's family

Year 2:

- Communities we belong to
- Signs of belonging
- What do we give to and receive from our communities
- Emotions we share in our community
- God as 'Our Father'
- How do we as children of God treat each other

Year 3:

- Who takes care of me
- How do I look after myself
- How am I changing
- How do I keep safe
- How do I help others make and keep friends
- How do I take care of others
- Emotions of friendship
- Difference between being alone and lonely - need for personal space
- Story of Zacchaeus - need for forgiveness in friendship

Year 4:

- Continue to recognise we all grow and develop at different rates
- Accepting and celebrating who I am
- Accepting differences in others
- Managing conflicts
- Dealing with natural, negative emotions
- Identifying and understanding my feelings
- St Paul's teaching on Love (patient, kind, not jealous etc)

Year 5:

- Physical changes in girls and boys during puberty
- Menstruation and Ovulation
- Social and emotional changes as we grow up - dealing with our emotions
- Celebrating their understanding of how we change as part of the cycle of life
- Life Changes
- Body cleanliness - care of body, hair, teeth, food
- Spiritual me - unhappy/happy/friendships

Year 6:

- The road ahead - review of Year 5 work
- How human life is conceived as part of the 'circle of life'
- Organs of the human body including male and female reproductive organs
- Understanding how a child grows within the mother's womb
- Relationships - love and commitment
- Different types of friendships
- Signs of love
- Celebrate God's creative love
- Responsibility
- Big fish small pond - moving onto secondary school
- Friends - making new friends
- Understand the term FGM and know that it is illegal

If you wish to discuss any of the contents of the programme/highlight any concerns or see the RSE Policy, please contact school.

Many thanks for your continued support.

Yours sincerely

Mrs R. Harrison