

# DIVE IN

Do you enjoy gymnastics, trampolining, mountain biking or just an adrenaline junkie? Interested in learning to dive?

## Requirements

Stage 5+, or able to swim 50m and be confident in deep water (all children will be assessed)

## How to book

Please contact the Aquatics Centre on 0113 3788235 to book your place or request further information

**John  
Charles**

**ACTIVE**  
LEEDS